



**TEXAS**  
**WORKFORCE SOLUTIONS**  
 VOCATIONAL REHABILITATION SERVICES

# Creating opportunities for your abilities

Start My **VR**



Start My VR is an online self-referral form that offers a convenient way for Texans with disabilities to take the first step toward obtaining, retaining or advancing in employment. Follow the three steps listed here to get started. From there you will be connected with a Vocational Rehabilitation (VR) staff member to learn more about VR Services. Use your mobile phone to scan the QR code to access Start My VR.

1



Go online to the *Start My VR* portal and enter your information

2



Receive a confirmation Request Number

3



VR will contact you to discuss how VR services can benefit you

**Questions? Contact us:**  
[twc.texas.gov/VRNearMe](http://twc.texas.gov/VRNearMe)  
[VR.office.locator@twc.texas.gov](mailto:VR.office.locator@twc.texas.gov)  
 512.936.6400

**Start My VR**



## **Texas Workforce Solutions-Vocational Rehabilitation Services**

101 East 15th Street  
Austin, Texas 78778-0001  
512-936-6400  
VR.office.locator@twc.state.tx.us

### **Equal Opportunity Employer/Program**

Auxiliary aids and services are available upon request to individuals with disabilities.

The Texas Workforce Commission accepts calls made through any relay service provider.

The VR program receives 78.7 percent of its funding through a grant from the U.S. Department of Education. For the 2021 Federal fiscal year, the total amount of grant funds awarded are \$295,273,713. The remaining 21.3 percent (\$79,915,249) are funded by Texas State Appropriations.

For purposes of the Supported Employment program, the VR agency receives 90 percent of its funding through a grant from the U.S. Department of Education. For the 2021 Federal fiscal year, the total amount of grant funds awarded are \$1,471,020. The remaining 10 percent (\$81,723) are funded by Texas State Appropriations.

For purposes of the Independent Living Services for Older Individuals who are Blind program, the VR agency receives 90 percent of its funding through a grant from the U.S. Department of Education. For the 2021 Federal fiscal year, the total amount of grant funds awarded are \$2,189,102. The remaining 10 percent (\$243,234) are funded by Texas State Appropriations. Revised March 2021.

[www.TWC.Texas.gov](http://www.TWC.Texas.gov)